

# STAYING INFORMED COVID-19 PANDEMIC



Bulletin FOR FAMILIES

March 9, 2021

## Measures to follow

The Groupe Santé Arbec wishes to inform you that the measures in place have been updated in accordance with current ministerial directives.

Here is a review of the applicable measures and the modifications:

### Caregivers

- A maximum of two caregivers will be authorized in their loved one's file.
- A maximum of one caregiver will be permitted per 24-hour period. The caregiver must already appear on the authorized list or complete the request using the kit and have obtained the necessary authorization prior to their visit.
- Caregivers identified and known by the centre can visit their loved one more than once on the same day, while respecting appointments with the centre.
- Caregivers are not permitted to circulate in the common areas (except if they are on their way to the room or are accompanying the resident as part of their walking program, with the authorization of the head nurse). Physical distancing of two metres must be respected at all times with the other residents.
- Caregivers must respect the recommended infection prevention measures at all times.
- Caregivers are not permitted to eat in their loved one's room.
- It is strongly recommended that caregivers make an appointment in order to prevent too many people from gathering at Reception and to ensure that we can receive you in the best possible conditions. You can contact Reception during opening hours, from 8:30 a.m. to 12 noon, and from 1 p.m. to 4 p.m., Monday to Friday.
- Authorities will permit travel between neighbouring territories for caregivers only.

### Footcare, hairdressing, music therapy and zootherapy

- Service authorized while ensuring compliance with the health measures in place;
- Service limited to one resident bubble per 24 hours;
- Appointment planning must be authorized in advance by the ICP team.

### Volunteers

- There is a limited number of volunteers per day.
- ICP training must be completed and applied rigorously.
- Resident bubbles must be respected.

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## Deliveries to residents (by family members)

Deposit items at Reception, clean and disinfect packaging and containers or wait 24 hours before giving the items to the resident.

## Prevention measures to follow at all times

- Distancing - A minimum distance of two metres must be maintained at all times except when administering care (personal hygiene, feeding, etc.).
- Hand hygiene - Practise hand hygiene when arriving at the centre, before and after visiting a resident, before and after an activity, after using the washroom, when leaving the centre, and after having worn gloves, if applicable, to name only some of the instances that require handwashing.
- Wearing a mask - A procedural mask must be worn at all times and local directives must be respected. A mask must also be worn when using a cell phone.
- Respiratory hygiene - Practise respiratory hygiene when coughing or sneezing.
- Personal effects - Items such as coats and handbags must be placed in the designated area and stored in accordance with the centre's directives.

*We're counting on you!*