

STAYING INFORMED COVID-19 PANDEMIC



Visit your loved one for outside

Since the beginning of the pandemic, families have come to the window from time to time to see their loved ones and speak to them. This type of visit is always allowed, but there are a few rules to follow so that everything goes smoothly for everyone.

Before coordinating it, we must make sure of the resident's will and health condition, which is why this type of visit is made by appointment. You must contact the site coordinator so that she can organize everything with you and the resident. This visit must be prepared : you must call several days in advance.

We ask you to respect the recognized distancing rules issued by public health at all times. This is very important for the protection of residents. You can also speak on the phone with the resident through the window.

Outdoor outings

As you know, we are very happy to see you again in our establishment. Your contribution is important to ensure the comfort of your loved one and is complementary to the workers.

However, we would like to remind you that you cannot leave the establishment with the resident in your care.

You are subject to strict traffic rules to avoid the risk of spreading COVID-19, which, we remind you, is still a possibility despite the gradual deconfinement of the population outside our establishments.

You must take the shortest route between the main entrance and your loved one's room and should not leave it until the end of your visit.

Residents' outings are planned and carried out by our teams according to an already established schedule. The circuit is indeed assessed according to the resident's condition to avoid contaminating the other units on which he must pass to go outside.

Thank you for respecting these important measures for their health and for the health of our employees..

Fathers' Day

Gifts for Father's Day will be allowed, under certain conditions. Everything that enters the establishment must be contained for 48 hours and disinfected, which is why we ask you to come and bring the gifts before Friday 3 p.m. if you want it to be delivered on Father's Day. If you come to the establishment and you see that there are already people at the reception, we ask you, please, to wait outside, remembering to respect social distancing.

Would you like to write a word or send a video to your father? Email them **before noon on Thursday, June 18th**, to the address below, depending on where your father lives. Your word or video will be given to your father on Sunday, June 21st.

CHSLD Heather : loisirs.rawdon@groupesantearbec.com

CHSLD des Moulins : loisirs.terrebonne@groupesantearbec.com

CHSLD Émile McDuff : loisirs.repentigny@groupesantearbec.com

CHSLD Louise-Faubert : loisirs.st-jerome@groupesantearbec.com

CHSLD Michèle-Bohec : loisirs.blainville@groupesantearbec.com

CHSLD Marguerite-Rochelleau : loisirs.sthubert@groupesantearbec.com

Virtual meetings with your loved one

The virtual meetings you have with your loved one are managed by our professionals in the living environment: specialized educator, physical rehabilitation therapist, social worker, recreation technician. However, with the decrease in COVID-19 cases in institutions and the return of admissions, the team has much less time since it has to resume its usual tasks.

We will not stop virtual tours, but we are making changes so that everyone can have quality time with their loved one. The frequency of virtual meetings will therefore be reduced to one day per week per establishment in order to allow professionals to update themselves in their usual tasks and have time to deal with admissions.

In addition, the maximum duration of the meetings will be 15 minutes.

To take advantage of this virtual meeting, you must now contact the site coordinator. One person per family, ideally the respondent, will get an appointment.

Are you several in the same family wanting an appointment? Never mind! Make a meeting rotation. If you are unable to do so, we will ask you to designate the resident's sponsor who will give the whole family news.

For obvious reasons, family caregivers who are back in institutions will no longer be able to access these virtual visits.

New criterias for becoming a caregiver

Note that we have expanded the criteria for family caregivers to allow visits by family members who visit occasionally. To exercise this right, you must go through the recognized process.

How to apply

- Please call our Family-Line at 514 820-7303 to obtain our Caregiver Information Kit by mail.
- You must read all the documentation included.
- You must follow the training.
- After that, you complete the form and send it back to the center or you can come and give it to the receptionist.
- We will analyze the documents submitted every day between 6 p.m. and 8 p.m.
- You will receive an email confirming that we accept your return as a caregiver with a date of access to the CHSLD. You must wait for this email before presenting yourself.
- You will then be entered on the list of persons authorized to come to the establishment concerned, which will be given to the security agents who will welcome you during your visits according to the habits you had prior to the pandemic as far as possible.
- No one will be able to access an establishment without going through this process. We will process all requests as quickly as possible to avoid waiting and allow you to resume your place with your loved one.