

STAYING INFORMED COVID-19 PANDEMIC

BULLETIN FOR FAMILIES AT CHSLD HEATHER

December 27th, 2021

Recent developments at the CHSLD Heather

Five of our employees have been diagnosed with COVID-19 and were immediately taken off work. The situation was quickly taken under control in collaboration with the public health authorities of CISSS de Lanaudière.

All employees have been tested.

All residents who have been in contact with the employees are closely monitored. The families of these residents will be contacted quickly.

We continue to rigorously maintain and adjust the measures in place to ensure everyone's safety.

From now on, you **are required** to present your vaccination passport in order to visit a loved one. The negative result of a COVID-19 test that was conducted within 72 hours of the visit is **no longer accepted**.

CHSLD AND TR – Rules governing access of informal and family caregivers (IFGs) and visitors to facilities without an outbreak

Effective immediately, only **one person at a time** is permitted to be with a resident, for a maximum of **two people a day**. The same person can visit a loved one more than once on the same day.

Access to common spaces, for example, the dining room or lounge, is now prohibited for IFCs and visitors. They only have access to the resident's room or dedicated room. However, an authorized person is permitted to accompany a user or resident requiring assistance with eating in the dining room but must follow the health guidelines in effect.

Anyone who does not comply with the guidelines, despite having received all the information and having been supported in applying IPC measures, could see their access to the centre revoked.

CHSLD-TR – Rules for informal and family caregivers and visitors

You must:

- present your vaccination passport and have "adequately protected" status.
- rigorously follow the basic health guidelines in the living environment.

- respect physical distancing of 2 metres and wear a mask in the resident's room or dedicated room. **Mask-wearing and physical distancing of 2 metres are mandatory at all times as soon as you enter the living environment** (entrance, corridors, lounge, etc.). Mask-wearing applies to all visitors over 2 years of age inside the living or rehabilitation environment.
- It is forbidden to eat in the dining room or the resident's room.
- It is forbidden to circulate in common spaces except in order to access the room.

We will inform you if there are any changes.

CHSLD AND TR – Resident outings *** Update ***

Resident outings for a private gathering or temporary discharge into the community are **not permitted**, except in special situations and under certain conditions:

- ↪ Essential for the user and in accordance with their intervention plan;
- ↪ To visit the home of a significant person (e.g., family, spouse) who is able to receive the user;
- ↪ And in accordance with a risk assessment in collaboration with the facility's IPC and the user's clinical team.

In these exceptional situations, the following rules govern the return to the facility:

Testing:

- ↪ All residents must have a PCR test 24 hours before returning to the facility and self-isolate where they are until they receive their results. A return to the living environment will not be permitted until a negative result has been obtained and conveyed to the facility's management.

After the return to the living environment:

- ↪ A resident with no symptoms and who **was in low-risk contact** (from the community) with someone who has COVID-19 and **who has tested negative**, can return to their living environment with a 10-day preventive isolation period, regardless of their level of protection. To end their isolation period, a second negative test is required 3 days after their return.
- ↪ A resident with no symptoms and **who was in moderate- or high-risk contact** (from the community) with someone who has COVID-19 and **who has tested negative**, can return to their living environment with a 10-day preventive isolation period in their room, regardless of their level of protection. To end their isolation period, a negative test is required 8 or 9 days after their return. Daily monitoring of signs and symptoms for a 14-day period is also required.

Preventive measures to be followed at all times

- ↪ **Distancing** – A minimum distance of two metres must be maintained at all times except when administering care by a caregiver (personal hygiene, feeding, etc.)
- ↪ **Hand hygiene** – Practise hand hygiene when you arrive, before and after visiting a resident, before and after an activity, after using the washroom, when leaving the centre and after removing gloves, among other instances.
- ↪ **Mask-wearing** – A procedural mask must be worn at all times and local directives must be respected. A mask must be worn when using a cell phone.
- ↪ **Respiratory hygiene** – Practise respiratory hygiene when coughing or sneezing.

↳ **Personal effects** – Coats, handbags, etc. must be placed in the designated area and must be kept according to the centre's directives.

People from outside the facility

↳ As of today, singers are not permitted in our facilities.

Volunteers

↳ As of today, volunteers are permitted under certain conditions.

Thank you for your support

Thank you for your support and cooperation. By following these measures, you are helping to ensure the optimal safety of our residents, their families and our employees. Please do not hesitate to contact us if you have questions that have not been answered here.