

# STAYING INFORMED COVID-19 PANDEMIC



## CHSLD Heather's Bulletin for families – July 31<sup>st</sup>, 2020

### SITUATION STATUS

In order to keep families well informed of the development of the situation, we are happy to announce that we have no cases in our establishment.

No positive case with residents

1 death (cumulative)

4 residents restored

No positive case among employees

4 employees recovered

However, we remain very vigilant and continue to carry out daily surveillance of residents and employees and to rigorously maintain and adjust the measures in place to ensure everyone's safety and avoid a new outbreak.

### IMPORTANT DETAILS ON THE RULES FOR VISITING IN CHSLD

For CHSLDs that don't have an outbreak, visitors are authorized, subject to the following conditions:

- First and foremost, read the documents in the information kit for returning visitors and caregivers to CHSLDs, follow the training courses and complete the consent form. The link for this kit can be found on the home page of each of our CHSLD and Groupe Santé Arbec websites. **The English Kit is available only on paper, so please call the site coordinator at 450 834-3070, extension 1009 to obtain it.**
- Do not come in CHSLD if you have any of the following symptoms: fever, new or worsening cough, difficulty in breathing or sudden loss of smell without nasal congestion, with or without loss of taste.
- Visits from 9 a.m. to 9 p.m.
- Maximum number of **one visitor at a time** allowed to a resident.
- Visitors under 14 accompanied by an adult (only exception for accepting 2 visitors at a time).
- Practice hand hygiene when entering and leaving the CHSLD.
- Wear a procedural mask upon entering the CHSLD and throughout the visit. This mask will be provided to you upon arrival. **ARTISAN MASKS ARE NOT ACCEPTED.**

- Limit travel within the CHSLD: access to the room of the resident visited only. We remind you that you must **GO DIRECTLY TO THE BEDROOM OF THE VISITED RESIDENT AND THAT YOU CANNOT MOVE ELSEWHERE IN THE BUILDING.**
- Respect the rules of physical distancing of 2 meters.
- No visitor can be included in the bubbles formed for residents' leisure and meal activities.
- Semi-private room: respect the 2-meter distance and dividing screens must be deployed.
- Arrive with clean clothes, change clothes when you get home and wash them with regular laundry soap.
- Bringing personal items for residents during unauthorized visits: as before, these must be left at reception and will be sent to the rooms by staff (see below).
- Avoid using the CHSLD toilets. However, in an emergency, we ask you:
  - **In a private room:** you can exceptionally use the toilet in your loved one's room
  - **In a semi-private room:** you must push the emergency call button and ask the unit team nurse which toilet room you can use. You cannot come to the station.
- Reporting of symptoms is mandatory upon entry.
- Any symptomatic person will be refused.
- If you have traveled outside of Canada, you must declare it. You must refrain from coming for 14 days and go for a screening test at a walk-in clinic in your area.
- If you have been in contact with a positive case, we ask that you refrain from coming for 14 days and go for a screening test at a walk-in clinic in your area.
- Before leaving the CHSLD, everyone must discard their procedural mask and any other personal protective equipment in order to avoid any possible contamination of their vehicle or home, and wash their hands before leaving.
- In the event of an outbreak, visits may be restricted again.

**We thank you for your collaboration, your support and your rigor in following the protocols and measures in place to prevent the disease from returning to our walls.**