

STAYING INFORMED COVID-19 PANDEMIC

Update on the situation at the CHSLD HEATHER on February 23rd, 2022

As you know, the CHSLD Heather is currently experiencing a COVID-19 outbreak. There are still a few cases among our residents. Residents are in preventive isolation and are being regularly tested. Please know that we immediately contact the residents and the respondents when there is a positive result. **The measures in place are reviewed and adjusted every day** to ensure the safety of all and to prevent any possible transmission between infected residents and others.

We have a sufficient quantity of personal protective equipment including N-95 masks. Residents and employees are monitored every day. We have stabilized our staff on the different units in accordance with ministerial directives. We are receiving active support from the CISSS de Lanaudière and Public Health.

In our desire to keep families informed of the situation as it progresses, here is the situation as of today:

| | Residents | Employees |
|---------------------|-----------|-----------|
| Active cases | 6 (-2) | 6 (+1) |
| Deaths | 8 | 0 |
| Recovered | 66 (+6) | 20 * |
| Cumulative total | 75 | 26 * |

*A calculation mistake was made in the last bulletin. We are sorry about that.

New ministerial directives have come into effect. **Despite the easing of measures, it continues to be important to rigorously apply infection prevention and control measures in order to limit the spread of the virus.**

General instructions

The instructions differ depending on whether or not there is an outbreak in the living environment. Informal and family caregivers and visitors must:

- present their vaccination passport and have "adequately protected status",
- **rigorously follow the basic health guidelines** in the living environment,
- wear a medical-quality procedural mask, according to the guidelines in effect, upon arrival at the living environment,
- respect physical distancing of 2 metres at all times,

- no longer be in isolation for COVID-19 for **at least 10 days** as of the date of the onset of symptoms, or receipt of a negative COVID test if there were no symptoms. In an exceptional situation, if a resident has only one informal or family caregiver, access after a minimum period of 5 days may be granted by the living environment, in compliance with health measures.

An informal or family caregiver can visit a loved one more than once in the same day.

Hand hygiene must be practised at all times and in all places: including upon arrival, before and after a visit to a resident, before and after an activity, before and after eating or drinking, after using the washroom, upon exiting and after having worn gloves, if applicable.

Rules for residents or living environments experiencing an outbreak

Visits

One trained informal or family caregiver, identified and known to the living environment, is authorized per day, per resident.

Outings for gatherings

Leaving the living environment for a gathering is not permitted.

Rules for CHSLDs and TRs with no outbreak

Visits

One person (informal or family caregiver or visitor) at a time, per resident, is permitted for a maximum of two people per day.

Outings for gatherings

Resident outings for a private gathering in a home or for a temporary discharge into the community are permitted. However, please note that if the resident is on an outing of more than 24 hours, a negative test must be presented before returning and a three-day isolation period in the resident's room is required, followed by a test on the third day. If the test is negative and the resident does not present any symptoms, the isolation period can be lifted.

Thank you for your support

We thank you for your support, your cooperation and continuing to respect the infection prevention and control measures in effect to ensure the optimal safety of our residents, their families and our employees. Please do not hesitate to contact the Director of the CHSLD if you have any questions that were not answered here.