

STAYING INFORMED COVID-19 PANDEMIC



Update on the situation at the CHSLD HEATHER on March 3rd, 2022

Good news! We are no longer in outbreak!

This was confirmed to us by Public Health. **Our measures in place continue to be reviewed and adjusted every day to ensure everyone's safety and the wearing of personal protective equipment (PPE) must continue to be rigorously respected.**

New ministerial directives are now into effect. **Despite the easing of measures, it continues to be important to rigorously apply infection prevention and control measures in order to limit the spread of the virus.**

General instructions

The instructions differ depending on whether or not there is an outbreak in the living environment. Informal and family caregivers and visitors must:

- present their vaccination passport and have "adequately protected status",
- **rigorously follow the basic health guidelines** in the living environment,
- wear a medical-quality procedural mask, according to the guidelines in effect, upon arrival at the living environment,
- respect physical distancing of 2 metres at all times,
- no longer be in isolation for COVID-19 for **at least 10 days** as of the date of the onset of symptoms, or receipt of a negative COVID test if there were no symptoms. In an exceptional situation, if a resident has only one informal or family caregiver, access after a minimum period of 5 days may be granted by the living environment, in compliance with health measures.
- A person can visit a loved one more than once in the same day.
- **Hand hygiene must be practised at all times and in all places:** including upon arrival, before and after a visit to a resident, before and after an activity, before and after eating or drinking, after using the washroom, upon exiting and after having worn gloves, if applicable.

Rules for CHSLDs and TRs with no outbreak

Visits

A maximum of 10 people (IFC/visitors) per resident per day can access our facilities, in accordance with the instructions for the general population.

Access to common areas, for example the dining room, is now allowed.

Outings for gatherings

Resident outings for a private gathering in a home or for a temporary discharge into the community are permitted. However, please note that if the resident is on an outing of more than 24 hours, a negative test must be presented before returning and a three-day isolation period in the resident's room is required, followed by a test on the third day. If the test is negative and the resident does not present any symptoms, the isolation period can be lifted.

Return to normal activities

Normal activities resume according to the health instructions in force.

External care and leisure workers are back and the hair salon is opening its doors.

Thank you for your support

We thank you for your support and understanding throughout this outbreak. It is together, by respecting the measures, that we have been able to help reduce the risk of spread.

From now on, there will no longer be a press release on the status of the situation, but rather regular press releases when other measures come into force according to the government calendar.