

STAYING INFORMED

COVID-19 PANDEMIC



Bulletin for families

June 14th, 2022

Measures in effect to be followed at our CHSLDs

While the health emergency was ended on June 1, 2022, and the epidemiological situation has greatly improved in Québec, certain rules nevertheless remain in effect in health facilities, including our CHSLDs. We ask that you please respect them for the wellbeing of our residents.

- All of the pre-pandemic activities that make up the daily lives of our residents have been resumed.
- **Physical distancing is no longer required between people.**
- Residents can receive an unlimited number of visitors per day.
- **Mask-wearing and basic health rules are still mandatory.**

Anyone entering our facilities must:

- **respect the following 5 steps as soon as they arrive:**

1. **You must wash your hands** at the main entrance.
2. **Remove** your mask **and replace it** with a new medical procedural mask provided to you – **take it carefully by the elastic loops to avoid contamination.**
3. **Wash your hands** again.
4. Complete the visitor's register.
5. **Wash your hands** again and proceed with your visit.

- **keep your mask on at all times** except when eating or drinking.
- **vigorously respect** the facility's basic health instructions: **mask-wearing, hand-washing, respiratory etiquette.**
- have no symptoms or apparent signs of COVID-19, gastroenteritis, cold or flu.
- no longer be in isolation for COVID-19.

Mask-wearing applies to all visitors over the age of 2 years inside the facility.

The mask must be properly adjusted and completely cover the nose, mouth and chin. Use the elastic loops to put on and remove the mask. Do not touch the front of the mask. Do not leave the mask hanging from your neck or your ears or placed under your chin

Hand hygiene must be practised in all situations and locations: among others, upon your arrival, before and after visiting a resident, before and after an activity, before and after eating or drinking, after going to the washroom, at the exit, and after having worn gloves, if applicable, to mention just a few instances.

If there is an outbreak

If an outbreak is announced on a unit or in a CHSLD, the following measures apply:

- One informal or family caregiver (IFC) is permitted at a time per day, for a maximum of 2 IFCs per day, on condition that they are on the list of IFCs who have been trained in IPC measures. An IFC can visit their lived one more than once on the same day.
- A maximum of 4 informal or family caregivers per resident was identified by the centre's management in collaboration with the resident or their representative in order to restrict the number of different people having access to the indoor living environment.

Informal or family caregivers must:

- rigorously respect the basic health measures in the living environment.
- apply physical distancing of 2 metres and wear a mask in the resident's room or the dedicated room. Mask wearing and physical distancing of 2 metres is therefore mandatory at **all times upon entering** the living environment (entrance, corridors, common room, etc.).
- with the exception of the area reserved for the visit, IFCs cannot walk around the facility or visit common spaces, unless the user/resident requires assistance eating in the dining room (e.g., risk of choking/aspirating).
- Anyone who does not respect the instructions (including the IPC measures) could have their access to the facility revoked.

Anyone who is COVID-19 positive is not permitted to leave the facility. Other measures could be added depending on the seriousness of the outbreak.

Thank you for your support

Thank you for your support and cooperation and for continuing to respect the infection prevention and control measures in place to enable optimal safety for all of our residents, their families and our employees.

Do not hesitate to contact the director of your facility if you have any questions that have not been answered here.